

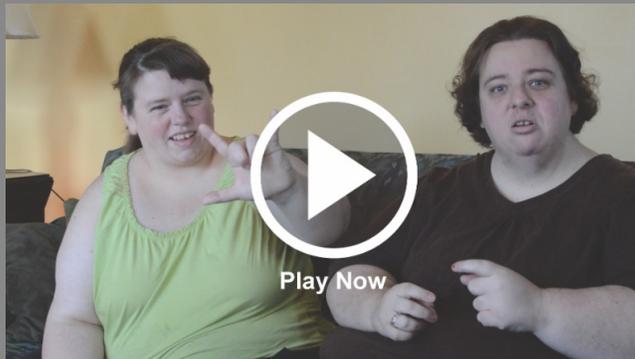


Cogswell Chronicle

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May 21, 2016

Our lead story



Lindsay and Elizabeth both learned American Sign Language as children to communicate. *Video by Elise Bigley*

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"I hope we're not too rowdy for you. We yell a lot at hockey games," Lindsay said to someone in the row in front of her at Quicken Loans Arena. The "we" was Lindsey and her sister Elizabeth, whose

stories we've featured before. Sisters born into a difficult family situation, they were adopted as young children into supportive but separate families, and then reunited as adult residents of Cogswell Hall. This year Elizabeth moved back in with her adoptive family, so the sisters are coping with being apart again. They still see each other at events like our hockey night and when Elizabeth volunteers at our front desk twice a week. We interviewed them together in the parlor to reflect on life at Cogswell as individuals and sisters. See the full interview with Lindsay and Elizabeth on our YouTube channel here: [#EACHSTORY](#)



Lindsay spends a few more moments in her sister's old room before gaining a new neighbor. *Photo by*

DavidSchwartzPhoto.com

Talks in the Hall, Wednesday, June 1

Cogswell Hall's free public lecture series continues Wednesday evening, June 1, with a talk on the Underground Railroad by the Rev. Dr. Patrick Hunt. Click on the flier below to register.



TALKS IN THE HALL
PRESENTED BY THE FRIENDS OF COGSWELL HALL



ESCAPE TO HEAVEN FOR THE AMERICAN SLAVE

A CONVERSATION WITH REV. DR. PATRICK HUNT



It has often been thought that the American slave was backward and unintelligent. Nothing could be further from the truth. Along with assistance from abolitionists, slaves developed an intricate system of escaping slavery through what became known as the Underground Railroad. Quilts, songs and code words were among the secret road signs used by escaping slaves and their allies on the way to a destination called "heaven" or "paradise" - which, for many escapees, meant Canada.

**WEDNESDAY,
JUNE 1, 2016**

**REFRESHMENTS AND TOURS 6PM
DISCUSSION 7PM
FREE- ADVANCED REGISTRATION REQUIRED**

7200 FRANKLIN BLVD, CLEVELAND, OHIO 44102

Reserve your seat at www.cogswellhall.org/events
kramunni@cogswellhall.org or 216-961-1568 x312

May is Mental Health Month



Photo by

DavidSchwartzPhoto.com

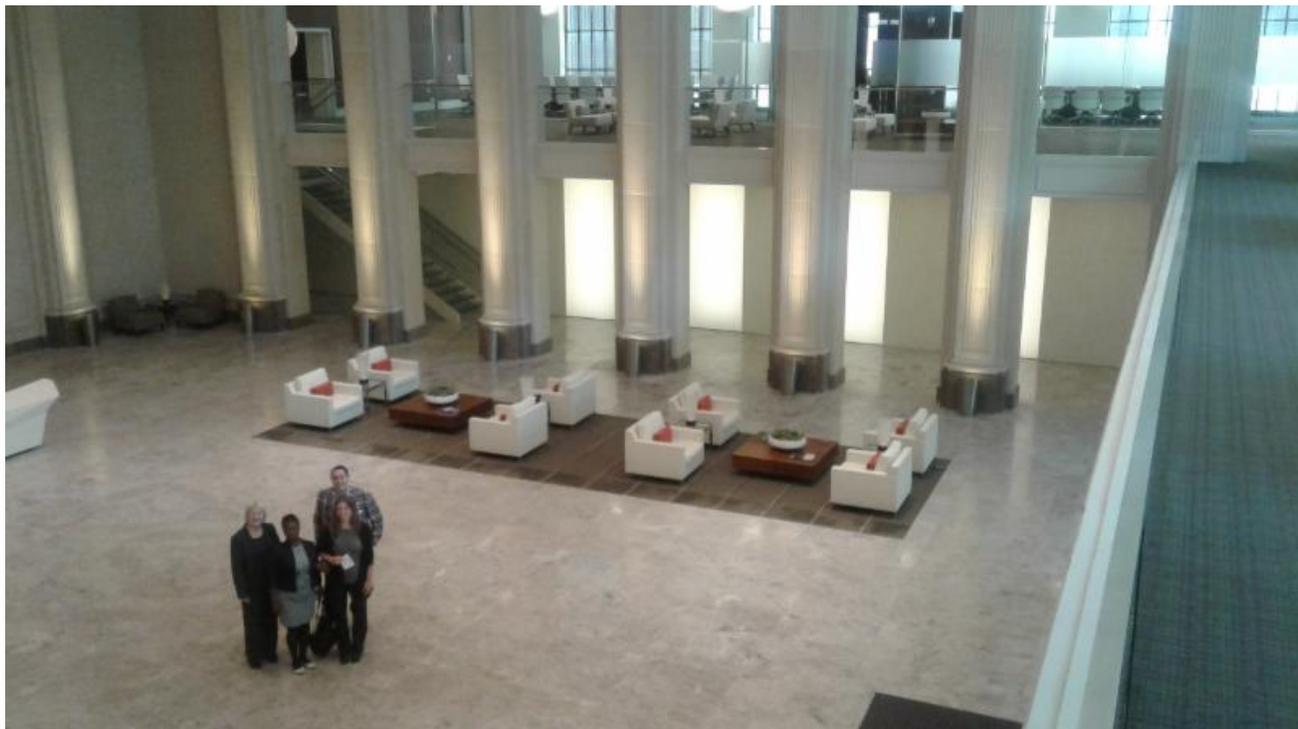
For some folks at Cogswell Hall, mental health is the challenge to which permanent housing is part of the solution. "We just have this belief in our society that somehow everybody should be able to take care of themselves. And it's not true. We need to have compassion for people who don't have the ability to take care of themselves." says Executive Director Diana Cyganovich.

20  **Mental Health**
16 **Month**

This Mental Health Month we honor residents like Christine,

whose rich life story includes a successful career as a nurse, and who arrived here in 2005, thinking she would move back out as soon as possible. "I had been a carrier of the bipolarity gene in my family and had just recently gotten the correct diagnosis," she says. The stable home and "invaluable" staff help she found here changed Christine's mind. "I began to see that my objection to living here was my objection to my diagnosis." See Christine in our #EACHSTORY YouTube series, [here](#). And please click [here](#) to check out the many events and programs offered by our friends at the Greater Cleveland Chapter of the National Alliance on Mental Illness "to fight stigma, provide support, educate the public and advocate for equal care."

Fall Gala September 24, 2016



Planning for Coming Home 2016, our annual fall gala, is in full swing. Pictured above, scouting out the stunning new home for this year's event in the historic **Calfee Building** in downtown Cleveland, are Executive Director Diana Cyganovich, Board Vice President Kim Smith Woodford, event co-chair Nick DiCiccio and Marketing Assistant Katie Ramunni. Stay tuned for more details on this important event happening **Saturday evening, Sept. 24.**

SAVE THE DATE

SATURDAY,
SEPTEMBER 24

COMING HOME 2016
COGSWELL HALL'S FALL GALA

The Calfee Building
1405 East Sixth Street
Cleveland, Ohio 44114



Diana Cyganovich awarded for volunteerism

Greater Cleveland Community Shares will be honoring our Executive Director, Diana Cyganovich, with the Volunteer of the Year award for her work on their Workplace Campaign Access Committee this past year. This committee has been integral in the success and operations of Greater Cleveland Community Shares. This award will be presented at their annual Power Lunch and Annual Meeting, being held at Windows on the River on Friday, June 24, 2016 at 11:30 a.m. If you could like to attend or purchase a program ad to congratulate Diana, information may be found on the Community Shares website, www.communityshares.org or by calling 216-361-9920.

Night at the Races: A photo finish



Our 6th annual Night at the Races fundraiser brought a live Kentucky Derby telecast, a derby hat contest and even a derby themed pinball tournament to over 260 lively

attendees at the UAW Hall May 7. Thanks to everyone who attended, volunteered, bought ads, sponsored races and horses, donated raffle items, and sold tickets, we raised some \$15,000 to support Cogswell Hall's work. [See photos here!](#)



Thanks to National Foods Packaging

We are grateful to our new 2016 Major Corporate Donor, National Foods Packaging! To learn more about supporting Cogswell Hall through your business or place of employment visit our [How You Can Help](#) page. To read more about National Foods Packaging, whose operations are just a half-mile from Cogswell Hall on Cleveland's west side, click the logo at right. Thank you, National Foods Packaging, for your generous support of our mission!



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