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January 22, 2016

Our lead story



Debra with a few of her many creations in the Cogswell parlor

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Cleveland has a robust handmade arts market and Debra J. Paterniti wants to be a part of the movement. She's working toward that goal through Creative Expressions, a weekly program at Cogswell Hall that empowers residents to hone their artistic abilities and work with their hands. Arts and crafts have intrinsic therapeutic benefits. Shown here with just a few of her many "little

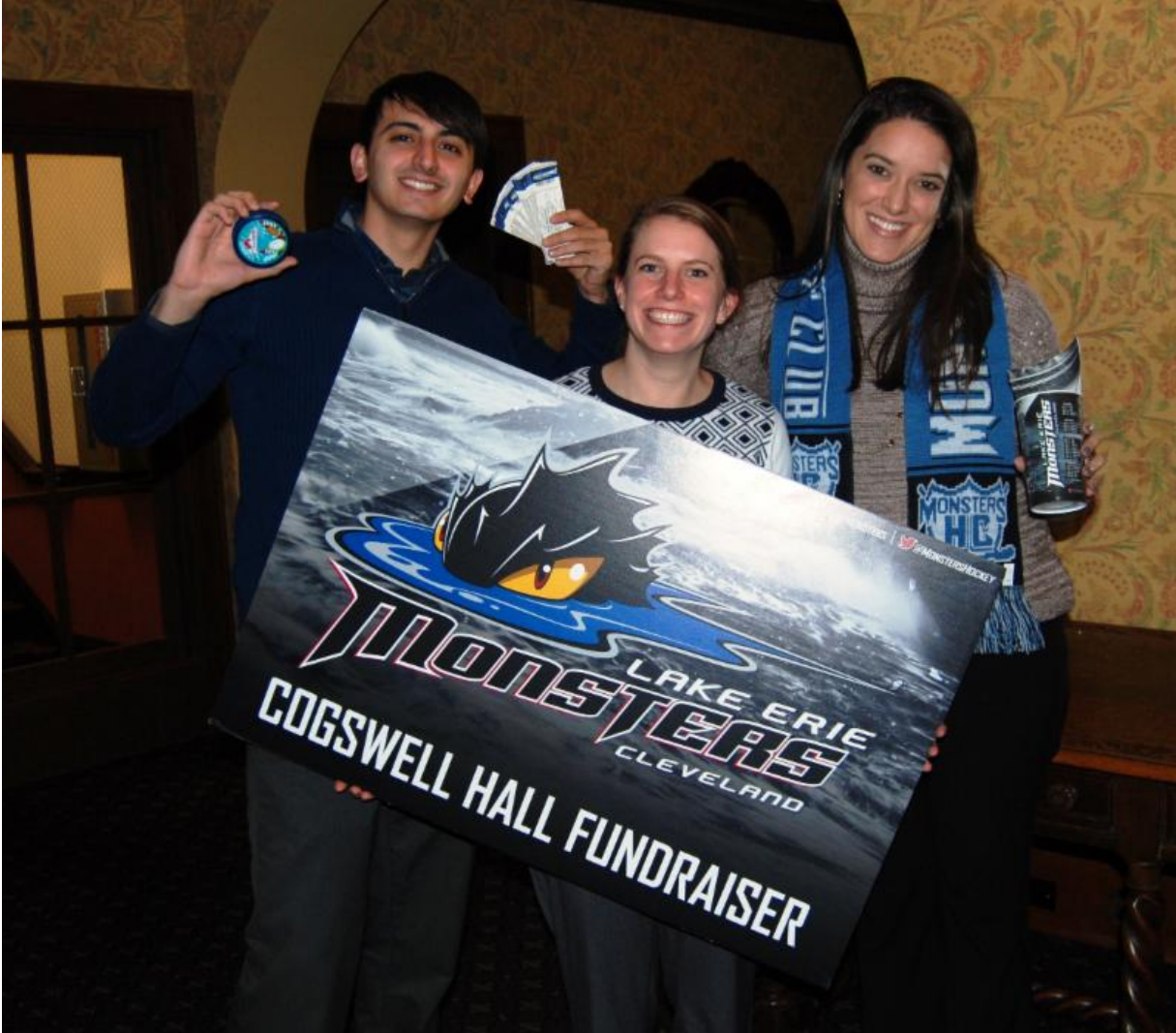
bugs," Debra is among the residents planning to display and sell their handmade goods at our second annual Neighbor Night this summer. Stay tuned for more featured work from Debra and our Creative Expressions team in the months to come!

Our 2016 theme: #EACHSTORY

It started as a social-media hashtag. Now we're embracing it as our Cogswell Hall theme for the year: #EACHSTORY. On every floor (each story!) of our building are residents with remarkable - and often unexpected - stories of giftedness, perseverance and spirit. Throughout 2016, we'll explore, with those who want to share them, their stories of life before Cogswell Hall, how they found us and what it's like living here. We also hope to talk to families, friends, supporters, former residents - all kinds of people who are part of the Cogswell story. We want the world to know about Cogswell Hall's uniquely diverse mix of residents, why the support they receive here matters - and how much they, too, have to offer. You'll see this theme show up in word, video and pictures, online and in print, and at our various events. Have a story to suggest? Let Katie know at kramunni@cogswellhall.org or 216-961-1958. Because #EACHSTORY makes a difference!

Meet people, have fun and serve: join EACH

Interested in getting involved with Cogswell Hall while meeting other people who are passionate about service? EACH (Emerging Ambassadors for Cogswell Hall) is a coalition of community members - mostly students and young professionals - who connect in various ways with Cogswell Hall's work. EACH meets monthly to plan events. Its members volunteer at Cogswell Hall, take part in various outings, and more. It's an opportunity to learn and serve in ways that fit into your busy schedule. All ages are welcome! For information about the next EACH meeting and how to get involved, click the photo below:



Name this newsletter!

Dear Reader: This monthly Cogswell Hall e-newsletter needs a name! Our EACH friends kicked a few fun ideas around at their meeting this month and now we are turning it over to you. You're invited to shoot us your cleverest entries, inspired by our history, mission, people, building or any other relevant factor. The winning name will be chosen by the editors, whose judgment will be completely subjective (and final, subject to approval of our wise Executive Director, of course). The person submitting the winning entry gets his or her picture in the February edition, which will be the first to bear the new name. E-mail entries to kramunni@cogswellhall.org no later than Friday, Feb. 12. Go!

Save the date: big event May 7

Save the date for one of Cogswell Hall's largest and most fun fundraising events of the year! Our 6th Annual Night at the Races will be Saturday, May 7, at the UAW Local #1005 Hall, 5615 Chevrolet Blvd., Parma. Doors open 5:30; post time, 7 p.m. For more details, [click here](#):



Presents a Kentucky Derby-Themed

**NIGHT AT THE
RACES
SATURDAY, MAY 7, 2016**

Doors open: 5:30 p.m.

Post Time: 7 p.m.

UAW HALL LOCAL #1005, 5615

Chevrolet Blvd., Parma OH

NO MINORS



TICKETS \$25

Info and tickets at 216-961-1568 or
hholznagel@cogswellhall.org

Live viewing of Kentucky Derby at 6:20 p.m.

Buffet served before races and at break

10 full color races

Beer, snacks, and soft drinks included

Trophies to winning horse owners

Raffle baskets, side boards and more

Bring your own snacks and drinks, too!



A Monster of a night

Many thanks to all who made our Jan. 20 Night at the Lake Erie Monsters Game an enjoyable evening. Ticket purchasers, attendees, and 50/50 raffle volunteers all played an important part in this fundraising effort for Cogswell Hall's mission. A team of 13 Cogswell staff and volunteers sold a total of \$1,820 in raffle tickets with portions benefiting Cogswell Hall and the Monsters Community Fund. A mix of residents, Board and staff members and other supporters enjoyed the action from right behind the glass (even though the Monsters

lost in overtime!). Click the photo below for more:



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You shop. Amazon gives.





Cogswell Hall Monthly E-Newsletter

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